

# Manticore Six Post Power Rack Builder

(3" x 3", 1" Holes)

## Specifications



## Product Details

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Like a mullet haircut, the 6 Post Power Rack is all business-in-the-front, party-in-the-back.

Its 1,000-pound capacity outlasts heavy squats, handles big bench presses and withstands chin-ups with 8 kids hanging onto your waist. The uprights measure true 3" x 3" which is EXACTLY 76.2mm x 76.2mm, instead of the typical 75mm x 75mm uprights of other brands' imported racks.

By matching the same tubing specs as many of our American competitors, **you can mix and match attachments freely without needing to stick to one brand** - hello, open ecosystem! You can even side-mount your 5/8" attachments (as long as they're destined for true 3" x 3" tubing) using the side keyhole slots; perfect if you prefer the more economical Hydra rack attachments, now that's a fairy tale come true!

Built with modular [components](#), so you can expand later or divide it into two smaller [Manticore racks](#) to accommodate a new home gym space or team workouts with your swolemate.

Compatible with all Manticore rack attachments, like the hyper-versatile [Manticore Lat Pulldown](#).

**IMPORTANT:** The Manticore series of power racks are TRUE 3" x 3" tubing with 1-inch holes, so only Manticore attachments & non-B.o.S. attachments made precisely for 76.2mm x 76.2mm uprights with 1-inch holes will fit.

# PRODUCT SPECS



## General

<b>Total Length (Depth)</b>	55" - 87" / 140 - 221cm
<b>Total Width</b>	49" / 124cm
<b>Total Height</b>	72", 84", 90", or 108" / 183, 213, 229, or 274cm
<b>Rack Pin</b>	Magnetic Pin
<b>Warranty</b>	Limited Lifetime

## Construction

<b>Upright Specs</b>	True 3" x 3" / 76.2 x 76.2mm
<b>Hole Size</b>	1" / 25.4mm
<b>Hole Spacing</b>	2" / 50.8mm
<b>Steel Thickness</b>	11 Gauge / 3.0mm
<b>Coating</b>	Powder Coat
<b>Weight Capacity</b>	1,000lb / 454kg



### **SUPER STORAGE EXTENSION**

Plates, attachments, pegs, or even pulls - the additional [storage](#) section is your ultimate lifting champion. But unlike your last workout partner, it will always be there to support you (thanks for nothing, Achilles).



## **NO FLOOR BOLTING**

The sheer size of this power rack means you won't have to bolt it into your floor (or hire a contractor). The larger contact surface area makes the rack sturdier for racking/unracking your bar, during pull-ups, and when doing dips.



## **NEVER UPGRADE AGAIN**

You know what they say: buy once, cry once. The Manticore is highly customizable with its [modular components](#), so it can adapt with you through every phase of your life. It's the last rack you'll ever need — which takes the sting out of the investment.

**NOTE: The Manticore rack is highly customizable. For more information visit:**  
<https://bellsofsteel.us/collections/racks/products/manticore-six-post-power-rack-builder>

**Once you have noted your options, give us a call to discuss your professional installation: 502-233-7707**