

Fringe Sport - The Dane 2.0 Fully Loaded - Half Rack with Cable Crossover and Smith Machine



Key Features

- Commercial Home Gym in One Compact Footprint: Combines a half rack, functional trainer, cable crossover capability, and guided lifting into a single system with a 60" depth.
- True-To-Weight Resistance with Dual 160 lb Stacks: 1:1 pulley ratio means the weight you select is the weight you feel for real strength progression.
- The Smith with the Best in class range of motion: Designed to hit deep squats, hip thrusts, lunges, deadlifts, and more without getting cut short by the bottom range with low starting position for real lower body work.
- Cable Crossover Precision with Gibbon Arms: Extra-long adjustable arms with multi-angle control let you hit flys, presses, and crossovers with better stretch, cleaner alignment, and more natural movement.
- Guided Lifting with the BOB Smith Machine: Adds a full Smith-style training lane using your own Olympic or selected specialty bars with fast lock and unlock control.
- Low Starting Position for Real Lower Body Work: Designed to hit deep squats, hip thrusts, lunges, deadlifts, and more without getting cut short by the bottom range.
- Rack Built to Train Heavy for the Long Haul: 11-gauge steel construction with 3" x 3" uprights and 1" holes for a commercial-grade feel and long-term durability.
- Includes a Lifetime Barbell to Complete the Setup: 20kg Wonderbar (Bushing) handles everything from squat/bench/deadlift to high-rep training with aggressive knurling and a corrosion-resistant finish.
- Open Ecosystem Design for Future Expansion: Built around standard rack compatibility so your training setup can keep evolving with new accessories and upgrades.

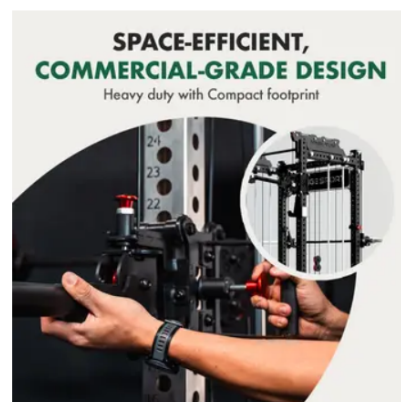
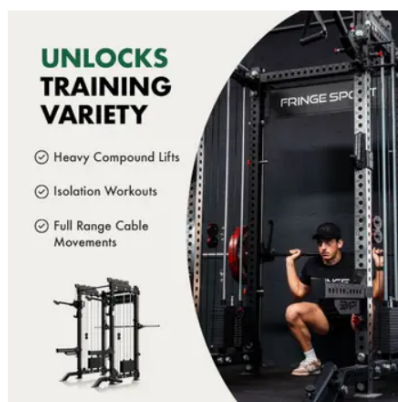
Product Overview

The Dane 2 Fully Loaded is the all-in-one commercial home gym built to replace a full lineup of machines in one clean, compact setup.

At the center is the Dane 2.0, combining a half rack and functional trainer into a space-efficient 60" footprint without sacrificing real performance. You get smooth, highly adjustable cables, true-to-weight resistance, and the stability to train heavy barbell movements inside or outside the rack.

From there, this system expands into a full commercial-style training environment. The Gibbon Arms push the cable path outward and add precise multi-angle control so crossovers, flys, and single-arm work finally feel natural and properly aligned. The BOB Smith Machine adds guided lifting for controlled reps and safer strength training, while still letting you use your own Olympic bar or selected specialty bars. And to round it out, the 20kg Wonderbar (Bushing) gives you a lifetime barbell designed for everything from squat, bench, and deadlift to high-rep daily training.

It's one integrated setup built for serious training now, and designed to evolve over time with Fringe Sport's open ecosystem design.



ALL-IN-ONE STRENGTH & CABLE SYSTEM

The Dane 2 Fully Loaded combines a commercial-grade half rack, true 1:1 functional trainer, and smith machine into one unified system. This gives you free-weight training, guided lifting, and full-range cable work without buying or spacing multiple machines. One footprint, every training style covered.

EXPANDED RANGE, CONTROL & SAFETY

Gibbon Arms transform the Dane 2 into a true cable crossover with precise angle control and full stretch, while the BOB Smith Machine adds guided bar paths and built-in safeties. Together, they unlock isolation work, heavier lifts, and safer training, especially when lifting alone or working around injuries.

SPACE-EFFICIENT, GYM-LEVEL CAPABILITY

The Dane 2 Fully Loaded delivers the functionality of multiple commercial machines in a compact 60" footprint. By combining a rack, functional trainer, cable crossover, and smith machine into one system, it maximizes training capability without overwhelming your space. Perfect for serious home gyms that need performance without sprawl.



Dane 2 Material & Finish	11-gauge steel with a powder coat finish
Dane 2 Weight Capacity	1200lbs
Dane 2 Uprights & Hole Sizing	3" X 3" uprights with 1" holes
Dane 2 Dimensions	60" X 47" X 92"
Gibbon Arms Length	+20.5" compared to standard trolley
Gibbon Arms Weight Capacity	200lbs per arm
The BOB Gross Product Weight	54lbs
The BOB Accessories Included	M16 and M24 bolts and 4pcs of Red Magpins
Wonder Bar Barbell Length	86"
Wonder Bar Barbell Weight Capacity	1600lbs
Wonder Bar Barbell Sleeve Length	16"
Wonder Bar Barbell Weight	44lbs
Wonder Bar Collar Type	Bushing
Warranty:	Dane 2: Lifetime warranty on the squat rack & 5 year warranty on the pulley system Gibbon Arms: Frame: Lifetime Warranty against manufacturing defect / Wire: 1 year against manufacturing defect The Bob: Lifetime Warranty against Manufacturer defects Wonder Bar: Lifetime Warranty
Product ID	9573

Learn more at: <https://fringesport.com>